

ARNO Centenary

Following on from the Ashes century spectacular at Headingley this summer, it will not have escaped members' notice that ARNO is also building up to celebrating its centenary in 2020! A number of special events are already in the pipeline, including a possible event in May to tie in with VE Day 75.



In order to mark this milestone, we have commissioned a special centenary logo, in blue and gold versions, for use throughout 2020 and look forward to a year of celebration with events and activities commensurate with such an auspicious occasion. More details forthcoming in the Yearbook, ARNO Matters and on social media updates.

ARNO Matters

We hope that you are enjoying our fortnightly e-news and events updates, ARNO Matters. If you are not receiving this yet and would like to, simply amend your settings in the members' area of the website and tick 'yes' to email updates. If you are unsure of your membership number email enquiries@arno.org.uk. We'd like to have as many members as possible on board the good ship ARNO as we approach our centenary – it's an effective way of keeping members in touch with news and events.

Diary Date

Thursday 12 December, 6pm

Carol Service at St Ann's Church, Portsmouth Naval Base and Reception at HMS Nelson Wardroom. We look forward to seeing you and your guests at our popular service, all welcome. Book online at www.arno.org.uk or call us on 020 7402 5231. Members are welcome to bring up to six guests.

Staying Safe Online

There has been a recent increase in identity theft and fraud. One area of growth involves remotely installing software on a computer, tablet or mobile phone without the user's knowledge and using it to collect information and personal details. You can guard against this by immediately deleting any unsolicited emails or texts, and not downloading anything that looks suspicious. Ensure your devices are protected with up to date antivirus software and a firewall. Download updates to your software when prompted as these often include up-to-date fixes to improve security. Choose strong passwords for your online accounts and avoid anything that can be easily guessed or found. If you are paying for items or transferring money online, look for signs of a secure webpage such as a padlock system or a web address starting with 'https' (the 's' stands for secure). Finally, always remember to log out of a secure site, rather than simply closing it down. For more information see <https://getsafeonline.org>

Travel Insurance

It has previously been difficult and expensive for older travellers, or those with pre-existing medical conditions, to purchase travel insurance. In recent years there has been an increase in the number of providers offering travel insurance with higher upper age limits, and you might want to investigate some of the following:

Ageco Travel Insurance (www.ageco.co.uk)

All Clear Travel Insurance (www.allcleartravel.co.uk)

Benenden (www.benenden.co.uk)

Flexicover (www.flexicover.co.uk)

Freedom Insurance (www.freedominsure.co.uk)

Free Spirit (www.freespirittravelinsurance.com)

Goodtogo Insurance (www.goodtogoinurance.com)

Holidaysafe Insurance (www.holidaysafe.co.uk)

Insure and Go (www.insureandgo.com)

JD Travel Insurance (www.jdtravelinsurance.co.uk)

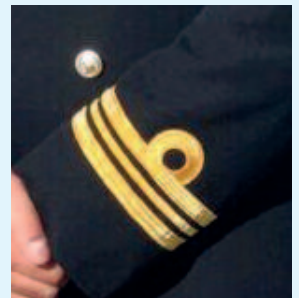
Saga (www.saga.co.uk)

Staysure (www.staysure.co.uk)

World First (www.world-first.co.uk)

Gold Braid

ARNO is always grateful for donations of gold braid no longer required by our members. Over the past year, your generous gifts have raised several hundred pounds for the Association. If you have spare braid you would like to donate, then please send it to us at 70 Porchester Terrace, London W2 3TP.



ARNO/RNOC Seeks New Chair, Trustees and Ambassadors

Following many years as a Trustee and latterly Chairman, Surgeon Commodore Jim Sykes will be stepping down towards the end of 2020. ARNO/RNOC will in due course be commencing a recruitment campaign to fill this role. Anyone who would like to discuss this rewarding position, or for more details, please contact Commander Mike Goldthorpe, Director on 020 402 5231 or via email – rnoc@arno.org.uk.

In addition ARNO/RNOC is currently seeking new Ambassadors and Trustees particularly from the serving Junior Officer cadre. Anyone with an interest in the Association or a Trustee role, who has time and commitment to offer, please contact Cdr Goldthorpe. This would be an exciting time to join us as we approach the ARNO centenary and increase our benevolence grants for the Naval Family.